

POISONING

**Ensure Safety
for Self and Others**

**Dial Triple Zero (000)
for an Ambulance**

Protect yourself - wear gloves, use a face mask, wash contaminated area, do not come in contact with the poison.

1. WHAT, HOW MUCH, WHEN

What has been taken, how much and when
Look for evidence or ask

2. CALL 13 11 26 POISONS INFORMATION CENTRE

Obtain medical advice promptly

3. CALL THE AMBULANCE

Dial Triple Zero (000)
Ask for ambulance

4. TREAT AND MONITOR

As advised. First aid
Until help arrives

If unconscious, call 000 first then place on side and maintain airway.

If unconscious and not breathing call 000 first then perform CPR.

Signs & Symptoms

In general

*A poison can enter the body by
ingestion, injection, absorption,
or inhalation.*

Unconsciousness
Nausea and vomiting
Blurred vision
Headache
Burning pain in mouth and throat
Seizures
Respiratory arrest
Cardiac arrest

Skin contact

Remove contaminated
clothing

Avoid contact with the
poison

Flood skin with running
cold water

Wash gently with soap
and water and rinse well

Enters the eye

Flood the eye with
saline or cold water
from a running tap or
a cup/jug

Continue to flush for
15 minutes, holding
the eyelids open

If swallowed

Give a sip of water to
wash out their mouth

DO NOT try to make
them vomit

DO NOT use Ipecac
Syrup

If inhaled

If safe (don't go into an
unsafe environment):

Immediately get the
casualty to fresh air

Avoid breathing fumes

Open doors and windows

If swallowed - button battery

Determine:

The type of battery

The battery identification
number, found on the
package or from a
matching battery

The casualty's age, weight
and condition

Don't allow them to eat or
drink anything

If the battery contents
touches the eyes or skin,
wash with water for 15
minutes

If in nose or ears, seek
urgent medical help
DO NOT use nose or ear
drops

Signs & Symptoms

Button batteries - swallowed

Similar to a common cold

Fever

Coughing/difficulty swallowing

Drooling

Lethargy

Irritability

Abdominal pain/vomiting

Loss of appetite

Dark or bloody bowel movements

Button batteries - in ear or nose

Pain and/or a discharge from the
nose or ears